

**By Ann Dunagan** Daring Daughters | Harvest Ministry



You are UNIQUE, with special talents, gifts, personality traits and desires, created in God's image to know Him and to glorify Him. Each of our lives will look different, but we're all called to obey God's Greatest Commandment and God's Great Commission.

### **God's Great Commandment:** LOVE God, LOVE Others!

**Matthew 22:37-29 -** Jesus said to him, "You shall love the Lord your God with all your heart, with all your soul, and with all your mind." This is the first and greatest commandment. And the second is like it: "You shall love your neighbor as yourself."

### God's Great Commission: Share God's LOVE!

Matthew 28:19	"Go therefore, and make disciples of all nations "			
Mark 16:15	"Go into all the world, and preach the Gospel to every creature $\ldots$ "			
Luke 24:47-48	<b>:47-48</b> "And that repentance and remission of sins should be preached in His			
	name to all nations And you are witnesses of these things."			
John 20:21	" As the Father has sent Me, I also send you."			
Acts 1:8	"and you shall be witnesses unto Me, in Jerusalem, and in Judea, and in			
	Samaria, and to the uttermost parts of the earth."			

"The Great Commission is not an option to consider, but a command to obey." --Hudson Taylor, Missionary to China

"Why should anyone hear the gospel twice, before everyone has heard it once?" --Oswald J. Smith, Missionary Evangelist

"Missions is not just for missionaries. God's call is for all!"
"You can only export what you grow at home."
"God's mission for your family is to expand His family."
--Jon & Ann Dunagan, Harvest Ministry

## Seek God . . . for a Mission-Minded 2014

#### Welcome to your New Year's Prayer Guide!

This mission-minded guide is a journaling tool to help you consider highlights and challenges of 2013, as you look ahead to 2014.

Seek God's direction for your 24/7 daily, weekly, monthly, and yearly time management. Look at your short-term, mid-term, long-term, and life-long goals, along with God's eternal perspective as you seek His will. As you take time to commit this next year to the Lord, you may want to consider setting aside a personal retreat for prayer and/or fasting.

After Christmas or during the first few weeks of January is an effective time for yearly reflection and projection. In an attitude of prayer, look back over the concluding year and consider what areas of your life were most fruitful and rewarding. Consider weaker areas in which you need increased discipline or accountability, and seek God for His specific goals and plans for your future.

Keep your answers in a place where you can review them during the year. Sometime during the summer, complete another evaluation/alignment checkup to refresh your commitments and goals.

> Finding Balance & Life Purpose: Personal | Family | Ministry | Missions



## 7-part New Year's Prayer Guide for 2014

Part	1.	7 Questions	Looking back and looking forward. 7 Reflection & 7 Projection QUESTIONS
Part	2.	24/7 balance	Seeking God for Everyday Alignment 7 AREAS OF DAILY LIFE BALANCE
Part	3.	7 weeks	Seeking God for the next 7 weeks TIME MANAGEMENT & WEEKLY PRIORITIES
Part	4.	7 months	Seeking God for the next 7 months HOLIDAYS, MILESTONES & MONTHLY GOALS
Part	5.	7 years	Seeking God for the next 7 years LONG-TERM VISION
Part	6.	70 years	Seeking God for the next 70 years LIFE FULFILLMENT & ETERNAL FOCUS
Part	7.	7th day	Seeking God for His Fellowship - Quiet Time REFLECTION & RELATIONSHIP WITH GOD



#### About the Author:

ANN DUNAGAN is a longtime homeschooling mother of 7 children (with 5 adult children and 3 now married), a grandma to 3 babies, author of several books including *The Mission-Minded Family*, and director of Daring Daughters. In 1987, Ann and her husband Jon Dunagan co-founded Harvest Ministry, and collectively they have ministered in over 70 nations and on all seven continents, focused on winning souls, caring for 1000 orphans, equipping nationals, serving churches and motivating families and women for world missions.

# **Step 1 – Looking back at 2013** 7 Reflection Questions:

#### **GOALS - ACCOMPLISHMENTS**

Looking back, what goals and accomplishments did I achieve or meet in 2013? Personally, what was most rewarding or fulfilling?

#### 2. LIFE HIGHLIGHTS

1.

3.

4.

What are the top "special" personal/family memories and/or "highlights" of 2013?

### CHALLENGES

In 2013, what area of my life was the most frustrating or difficult? What challenges or did I overcome? What would I have done differently (if I had known what I know now)?

#### ESTABLISHED RELATIONSHIPS

As I consider the people in my life - immediate family, parents, siblings, friends, extended relatives, church family, neighbors, people I work with - what are strengths and weaknesses of this past year?

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0	7 Reflection Questions (continued)
	5. NEW PEOPLE What new people did I meet in 2013? Who do I know better? How have these new relationships impacted and influenced by life so far?
	6. PRAYER & DEVOTIONAL LIFE How was my walk with God during 2013? (Consider Bible reading/study/memory, prayer, worship, church fellowship, spiritual life and obedience.) Did I mature spiritually in 2013?
	7. GOD'S MISSION: How did I help to expand God's Kingdom in 2013? Did I share my faith with anyone? Did I pray or care for those who need Jesus? Did I give to support missions, orphans or the poor? Did I give to help share the Gospel? Did I do what God wanted me to do?
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# **Step 1 – Looking Ahead to 2014 7 Projection Questions:**

**GOALS – ACCOMPLISHMENTS:** What are my primary goals for 2014?

What goals will I focus on in 2014? Is there anything God wants me to focus on in 2014?

LIFE HIGHLIGHTS: What special memories will I make in 2014?

What are special events in 2014? (Consider life milestones, church events, vacations, potential mission trips, special celebrations, weddings, graduations and anniversaries.)

#### **CHALLENGES:** What challenges will I overcome in 2014?

Are there unhealthy habits or time commitments I know I should change? How can I seek God's help or the help of others (friends, mentors, coaches) to overcome these?

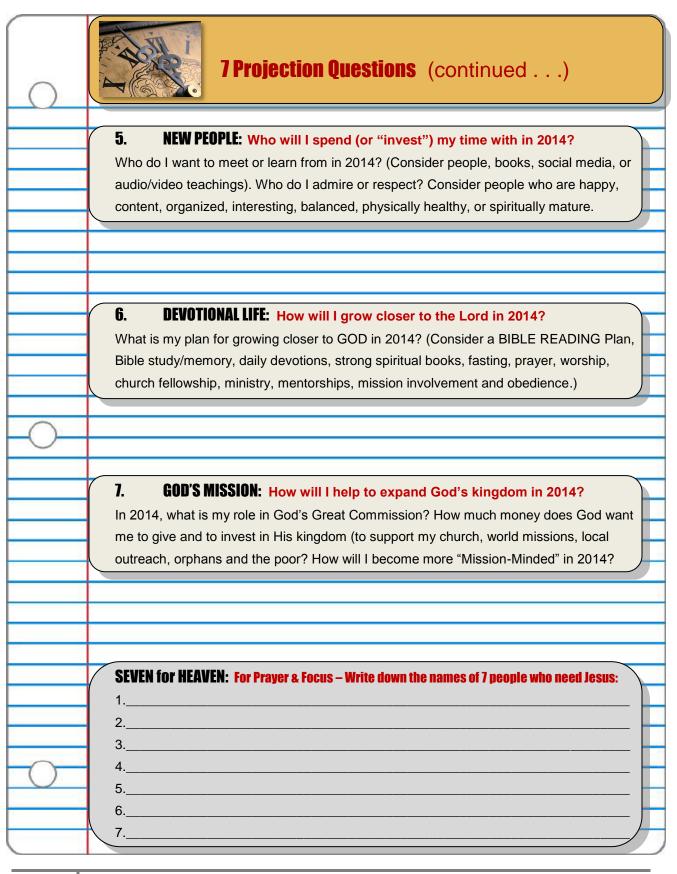
**CURRENT RELATIONSHIPS:** Do any relationships need to change in 2014? 4. Do any relationships need to change to keep in God's will? Are any relationships or friendships having a negative impact on my life? What can I do to change these?

1.

2.

3.

Living Every Day 24/7 in Light of Eternity





**Step 2** – "24/7" Alignment

Give yourself a check-up - Life Balance: Spirit, Soul, and Body

### How to use this "24/7" Alignment Check-up:

If your life is feeling unbalanced or "out-of-whack" -- spiritually, mentally, or physically -- try using this alignment checklist. Don't compare yourself with anyone, or allow yourself to become discouraged by your present situation. This check-up is simply a tool for evaluation. By taking an overall look at your life, you will see what particular areas need special attention, focus, and/or change.

For years, I have used these tools, along with reviewing God's call and "mission" (including a look at ministry and personal life-goals, along with plans and ideas for the future. This check-up is ONLY to be used for a short season (perhaps for ONE WEEK -- once or twice a year -- similar to a six-month physical). This review helps review your balance, as you commit every area to the Lord.

With God's help, your entire life can become more balanced, healthy, and fruitful for His missionminded purposes. Most likely, you'll NEVER be able to do everything you expect of yourself, or everything others expect of you; however, if you "step into God's grace" for your life and follow His daily guidance, and WILL be able to do everything GOD wants you to do (and that's all that matters!).

God cares about every area of your life. He cares about your spiritual, mental and physical well-being. He cares about your relationships and your family. If you are a parent, he cares about your kids. He cares about your home-life and your friendships; and he cares about your ministry and your mission to others. God sees the whole picture of your whole life and He has a divine balance for each day.

#### **Divine Order for Each Day**

For years, I tried to juggle all the elements of life. I knew there was a God call on my life to be in ministry, and yet I also knew that it could never be at the expense of my family. When I tried to juggle all the boxes, I learned the hard way that it is difficult to keep them all from crashing down. So I no longer have boxes for marriage, ministry, and motherhood. Instead, God has shown me that there is a divine order for my life.

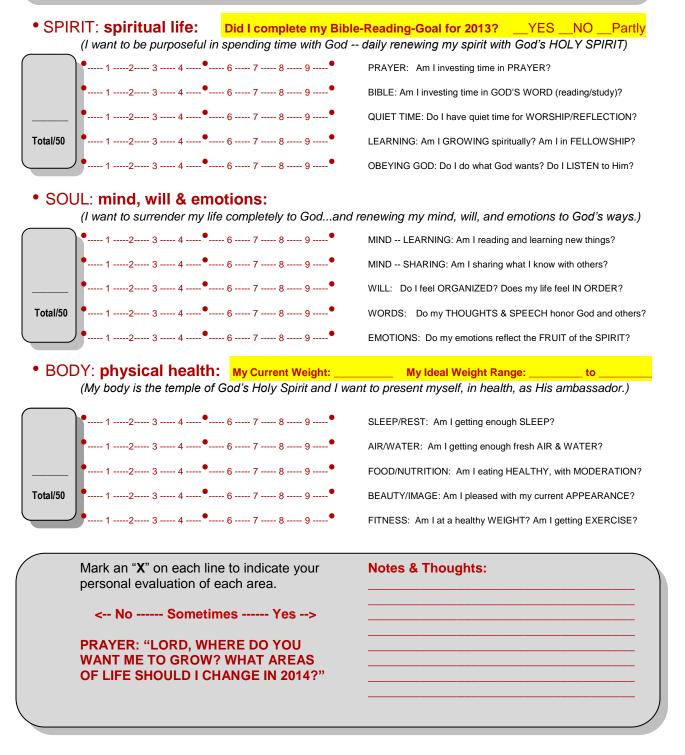
Instead of trying to make sure that everything is balanced (there is no prescribed formula of balance), God showed me that I am to break out of the box mentality and instead seek Him for divine order for my life. Each day differs from the day before. The dynamics change, but the call on my life doesn't. Marriage, motherhood, and ministry are all cohesively part of that call. God anoints us for our entire call.

--Excerpt from Extravagant Worship, by Darlene Zschech

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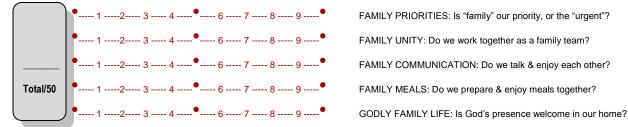
# Step 2 – 24/7 Alignment Check-up



#### Living Every Day 24/7 in Light of Eternity

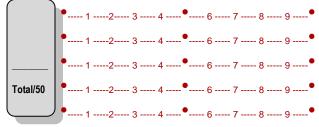
#### • Family & home priorities:

(I want to live with God's passion and LOVE for others - including people at school, church, and the lost.)



#### Organization & life management:

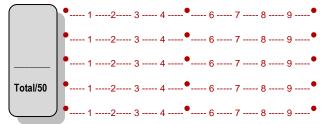
(I want my home and family life to radiate peace and purpose.)



LIFE ORGANIZATION: Does my life feel in "order" or chaos? HOME CLEANLINESS: Does my cleaning/laundry routine work? HOME PEACE: Does my home life feel in "peace" or stress? LIFE PURPOSE: Does my life feel "fruitful" or lacking focus? ENJOYMENT: Am I living in GOD'S JOY or being too busy?

#### Work & resources:

(I acknowledge that everything belongs to God - my time, my money, my "stuff," my life, my future.)



GIVING (TITHING TO GOD 10%): Do I consistently tithe? FULFILLMENT: Do I feel purposeful in my work, or unfulfilled? TIME MANAGEMENT: Do I work hard & smart, or waste time? SAVINGS/INVESTMENT: Am I preparing for the future? HOSPITALITY/GENEROSITY: Do I share my "stuff" with others?

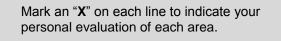
#### • Ministry & mission:

(I want to live with God's LOVE for others, for both believers and for people who need the Lord Jesus.)



PREPARATION: Am I PREPARING for eternity & God's future? SERVICE: Am I serving in my local church or my community? OBEDIENCE: Do I say YES to God's plans (& NO to striving)? LOVING OTHERS: Am I reaching out to share Jesus? MISSIONS: Am I obeying God's GREAT COMMISSION?

**Notes & Thoughts:** 



<-- No ----- Sometimes ----- Yes -->

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## **Step 2 – Next 7 Days:** "24/7" Time Management

#### WHERE DOES TIME GO? Don't just "wonder" where your time goes...FIND OUT!!!

Print several copies of this page, and keep a record of your daily habits for several days in a typical week. Write EVERYTHING down. Time yourself while you're on the computer or while watching TV or videos, and Be honest. (This is a similar exercise to journaling everything you eat to evaluate your eating habits). Where are you wasting time? What areas do you want to change? Are you using your time wisely? Are you getting enough sleep and rest? Are you living in God's balance -Spiritually, mentally, and physically?

### **One Typical Day: Time Management Record**

Last Night # hours of SLEEP:	Date:/	_/ Day of the Week:
Early Morning		
6:00		Notes/Thoughts:
6:15		
6:30		
6:45		
7:00		
7:15		
7:30		
7:45		
Morning:		
8:00		
8:15		
8:30		
8:45		
9:00		
9:15		
9:30		
9:45		
Mid-Morning:		
10:00		
10:15		
10:30		
10:45		
11:00		
11:15		
11:30		
11:45		

Early Afternoon	
12:00	Notes/Thoughts:
12:15	
12:30	
12:45	
1:00	
1:15	
1:30	
1:45	
Mid-Afternoon:	
2:00	
2:15	
2:30	
2:45	
3:00	
3:15	
3:30	
3:45	
Late Afternoon:	
4:004:15	
4:30	
4:30	
5:00	
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5:30	
5:45	
Early Evening	
6:00	
6:15	
6:30	
6:45	
7:00	
7:15	
7:30	
7:45	
Evening:	
8:00	
8:15	
8:30	
8:45	
9:00	
9:15	
9:30	
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**Step 3 – Next 7 Weeks** (short-term goals)

SHORT-TERM EVALUATION: Consider your regular and upcoming commitments – Look ahead to the next 7 weeks as you seek God's direction and plans.

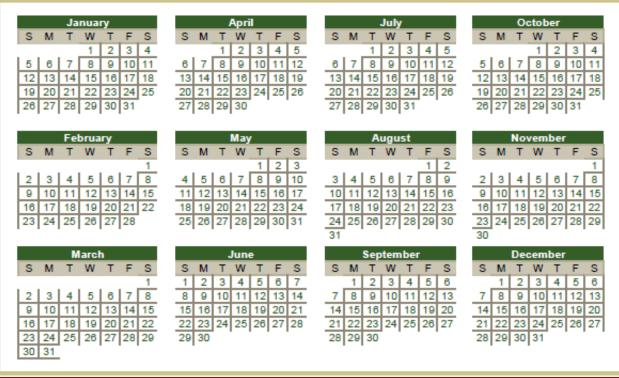
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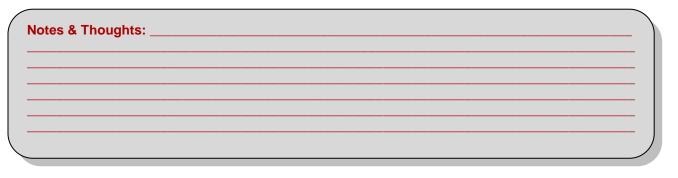
# **Step 4 – Next 7 Months** (mid-term goals)





**MID-TERM EVALUATION:** As you seek the Lord's direction, look at the next 7 months, noting important "milestones" -- graduations, birthdays, holidays and family events. What are your hopes and dreams for the year?

#### How can you prepare so these moments are special, yet not stressful?





# **Step 5 – Next 7 Years** (Live to the Full!)

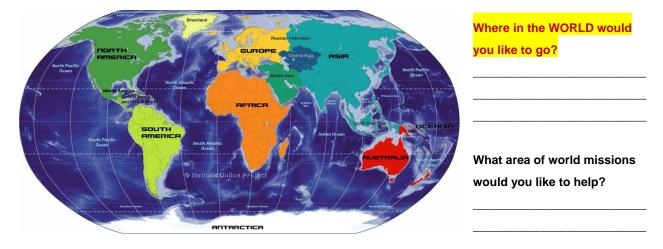
### 7 -The Number of Completeness & Fulfillment!

In the Bible, the number 7 signifies completeness. Our God is a God of ORDER and FULFILLMENT. He wants our lives to be full of purpose, life and JOY, without stress or striving -- to GLORIFY HIM!

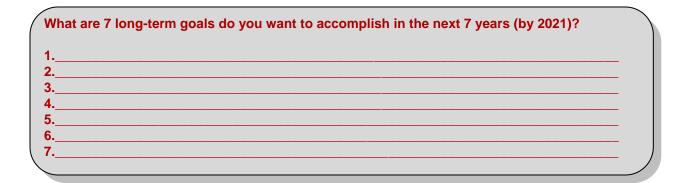
#### Did you know . . . ?

There are 7 notes in a musical scale (A, B, C, D, E, F, and G)

There are 7 primary colors in a rainbow (Red, Orange, Yellow, Green, Blue, Indigo, and Violet) There are 7 continents (N. America, S. America, Asia, Europe, Africa, Australia, and Antarctica)



What are a few long-term goals for the next 7 years? (Think: How old will you be in 7 years? \_\_\_\_\_\_ Consider your life and your future. What would you like to experience? What is GOD calling you to do?





# **Step 6 – Next 70 years** Do you know your "Life Mission"?

In 70 years, your life on earth could be over. Think about the purpose for your life, the future, your marriage and family legacy, and what your life will look like from eternity. How are you fulfilling God's Great Commission?

Walt Disney's MISSION is to make people happy.

**Google's MISSION** is to organize the world's information and make it universally accessible and useful. **Family Life's MISSION is** "Winning the world, one family at a time."

What is your unique MISSION? What is God's MISSION and PURPOSE for your family?

#### Jesus told us the Greatest Commandment is Love God and to Love others. And He gave us His Great Commission to "Go and make disciples of all nations."

As Christians and MISSION-MINDED believers, God's Great Commission and His Great Commandment (to love God and to love others) will be a part of our life MISSION and purpose. We need to live EVERYDAY 24/7 -- with ETERNITY in mind.

### In one sentence, what is your life MISSION? Consider your unique gifts, desires, and passions as you seek God for His specific purpose for your life.

Ephesians 2:8-10 (NKJV) For by grace you have been saved through faith, and that not of yourselves; it is the gift of God, not of works, lest anyone should boast. For we are His workmanship, created in Christ Jesus for good works, which God prepared beforehand that we should walk in them.

### My MISSION in life is to \_\_\_\_\_



# **Step 7 – Rest & Devotion** It was God's idea for a "Rest" every 7 days

7 - The number of REST!

On the 7th day of creation, God rested. In the Ten Commandments, God established the Sabbath Day.

Without legalism, remember God established a day of rest for our spiritual, emotional, and physical benefit. As a principle, having a weekly day of rest and a daily Quiet Time for devotion and worship is important for maintaining order and life balance.

It can be helpful to establish a specific TIME and PLACE for your daily devotions.(It is helpful to decide the night before, and have your Bible, journal and quiet-time supplies ready in a special place.) Regular times of spiritual retreat and fasting are also vital, along with commitment to a local church family.

#### What are your thoughts about REST, WORSHIP, & DEVOTION? What is your plan to stay "self-feeding" in God's Word and in Fellowship with Him?



**ENCOURAGEMENT:** One small church did a marathon Bible Reading. Members took turns reading the WHOLE BIBLE out-loud for 15-20 minutes at a time. It only took 72 hours to read through the Bible. What is your plan in 2014 to read, study, and to memorize God's Word?

#### Recommended One-Year Bible-Reading Plan:

1-Page PDF File to Print: http://www.bible-reading.com/bible-plan.

# FOCUS

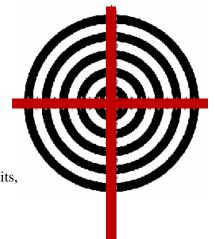
Imagine the 3 central "bulls-eye" circles as the core driving-force impacting every area of your life:

**1. YOUR SPIRIT** controlled by God's Holy Spirit in the center

**2. YOUR SOUL** (mind, will, and emotions) submitted to God.

**3. YOUR BODY** (health, eating habits, and fitness) in God's alignment.

As you bring these central areas into God's order, everything else will flow out in divine order and eternal effectiveness



Imagine all the outer areas flowing in God's alignment.

4. FAMILY & Relationships
5. ORGANIZATION & Life Management
6. WORK, TIME & Resources
7. MINISTRY & MISSION Loving Others

# It's all by God's GRACE!

Not my way . . . Not striving . . . Not what I do . . . Not basing "self-worth" on my works . . . Not frustrated by my weaknesses . . . Not "fearing man" . . . Not "fearing man" . . . Not just busy . . . Not just busy . . . Not controlled by my feelings . . . Not controlled by my feelings . . . Not being selfish . . . Not being selfish . . . Not living in the flesh . . . Not stressed and in internal turmoil . . . Not living for the temporal . . . but God's way but abiding in Christ but Who I know (God) but relying on God's grace but needing God's strength but "fearing God" but fruitful and obedient but flowing in the fruit of the spirit but thinking of God and others but walking in the spirit but living in peace and in rest but living for eternity

Psalm 46:10, Proverbs 16:1-3,9, Ephesians 5:10, Proverbs 29:25-26, Galatians 5:22-26 Ephesians 2:8-10, Isaiah 26:3, II Corinthians 12:9-10, Ephesians 4:32, John 15:4-16, Deuteronomy 6:6-8, Colossians 3:2, I Corinthians 13, Mark 16:15



Focus: 14 Lessons – Vision & Goals for 2014 (Psalm 1, Psalm 119) December 30-31, Monday & Tuesday (explaining this New Year's Guide) January 6-9, 13-16, 20-23 (Monday through Thursday for 3 weeks)

LIVE Log-In Details: <u>http://daringdaughters.org/rejoice-2014</u> Audio mp3's will also be available following each day's Bible study.





Join Ann Dunagan with Daring Daughters for a LIVE Online Bible Study

January theme: "Dare to Rejoice . . . in 2014!" Focus on Vision and Goals for Life





For the mission-minded set + Bonus Study Guide **DISCOUNT CODE: DARINGDAUGHTERS**